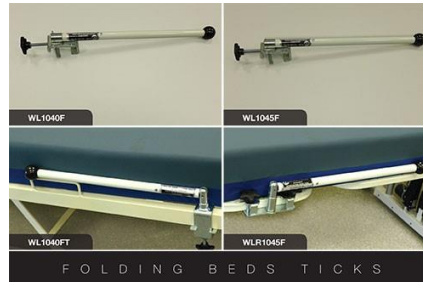


## What is a Bed Stick?

A Bed Stick is a metal tube, part of which usually sits under the mattress or clamps onto bed frame and part of the tubing extending up the side of the mattress.

A Bed Stick that slides under the mattress can move so great care and consideration when using is required.

Bed Stick can come in different shapes but loops, hooks or knobs prevent the Bed Stick causing you harm if you sit or lean over the top of the Bed Stick.



## Uses

A Bed Stick is used to roll over; to sit from a lying position and to assist with getting in and out of bed.

The Bed Stick should be installed appropriately by supplier on delivery. However contact therapist or service provider if there are any questions or concerns.

For all Clamp on Bed Sticks the clamp and bed frame diameter need to be compatible. The clamp should remain tightened and keep the Bed Stick steady with no movement for safe usage.

## Precautions

- Check the Bed Stick daily to ensure it has not moved out of position. Both the Bed Stick and the mattress may move and create a gap  
Any gap can pose a risk of trapping parts of the body and causing injury
- If you notice that your Bed Stick is moving out of position frequently contact your therapist or service provider
- Contact your therapist or service provider if the person using the Bed Stick is falling or at risk of falling from bed
- Make sure that the Bed Stick stays in position and does not make it difficult to get in or out of the bed
- Use caution if you have any existing upper limb pain or injury
- Do not use additional tie or fix the Bed Stick to the bed (unless it has been

**Bed Stick facts sheet for Users**  
**For repairs contact your prescribing therapist or their agency**

designed to do this – e.g. has a clamp or fixation device built in)

## General Care and Maintenance

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Notify your therapist or service provider if you notice any of the following:

- The stick frequently moving out of position
- Bowing (bending) of the tubing.

## Weight Tolerance

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Most equipment is weight tested to Australian and or International Standards. If you experience significant weight gain the equipment prescribed may become unsafe. If you experience significant weight gain please contact your therapist or service provider

## Useful information :

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Your Bed Stick was prescribed by : \_\_\_\_\_

Service Provider / Organisation : \_\_\_\_\_

Phone number : \_\_\_\_\_

Funded by : \_\_\_\_\_

For SWEP funded Bed rails Repairs & Maintenance phone 1300 747 937

Supplier by : \_\_\_\_\_

Date supplied : \_\_\_\_\_

**Picture or Sketch of 'Position on bed' can assist to know if Bed Stick is in the recommended position:**